

S3(1): Psychiatrists on the Frontlines of a Pandemic

- SUSP Spotlight Series (S3): BIs and PIES: Past, present and future of embedded psychiatry in the military ([click here](#) for the video)
- Lessons learned memo from two our featured speakers, Drs Toukolehto and Kaplan ([pdf document download](#))
- AJP Residents Journal Podcast with Dr. Alex Kaplan: http://ajpresidentsjournal.apapublishing.libsynpro.com/dispatch-from-the-front-lines-against-covid-19?fbclid=IwAR04tLfXSvD9aJKn2QlKxYhNHk93_qaga2DhBh7iLEqfM5RhAaongm3qSs
- From Dr. Eric Meyer: USAF Disaster Mental Health Combat Operations Stress Control Training; great primer on COSC specifically tailored to COVID: <https://www.youtube.com/watch?v=oFhmCE72Dc8&feature=youtu.be>
- Dr. Miguel Alampays Readiness Every Day (RED talks) - includes timely videos on unique risk to docs and watching out for the watchmen COSC related content https://www.youtube.com/channel/UC2IAR_yTAIDHoUvqz51VBsQ
- For psychiatrists wanting to help fellow physicians on the frontlines of COVID: <https://www.physiciansupportline.com/> - volunteer support phone service; weekly Zoom educational events (featuring great speakers!)
- CSTS COVID-19 Resource page - excellent compilation of additional resources - <https://www.cstsonline.org/resources/resource-master-list/coronavirus-and-emerging-infectious-disease-outbreaks-response>
- WRAIR COVID-19 Behavioral Health Resource library: <https://www.wrair.army.mil/node/348>
- Healing, Education, Resilience & Opportunity for New Yorks Frontline Workforce (HERO-NY) Training information (as mentioned by Drs Toukolehto and West): <https://www.gnyha.org/program/hero-ny>
- [Download flyer](#)